



# JUDY'S HERO BOXES & HANDS ON THOMAS COUNTY

*Military Care Package Ministry in memory of Judy Davis*



For the second year, **Judy's Hero Boxes** and **Hands On Thomas County** have partnered to collect care package donations and cards. We need your help to collect these items AND to nominate veterans and deployed active duty service members with ties to Thomas County so we can send care packages to them for the holidays. Visit <http://www.handsonthomascounty.org/nominate-a-service-member> to make your nomination before November 30.

## PERSONAL ITEMS REQUESTED:

- Knit hats
- High-quality socks (wool preferred) white or black
- **TRAVEL SIZE ONLY** – soap, shampoo, body wash, face wash, toothpaste, toothbrush and floss, deodorant (non-aerosol), shaving cream (travel size), lotion, hand sanitizer
- Gel insoles, foot creams, foot powder
- Lip balm, chapstick
- Emergen-C
- Razors
- Q-tips
- Nail clippers
- Baby wipes and wet wipes
- Aspirin and pain relievers
- First aid kits
- Hand warmers
- Multi-vitamins
- Eye drops
- Lens cleaning cloths
- Zyn nicotine packs
- Dipping tobacco
- Packs of playing cards and travel size games
- Magazines/books/puzzles
- Prepaid phone cards
- Writing materials for letters
- Small blankets
- Winter gloves and hats
- Rain ponchos

## FOODS & SNACKS REQUESTED:

- Instant coffee
- Coffee creamer (powered; no liquid)
- Lipton tea bags
- Hot cocoa packets
- Salt and pepper packets
- Sugar packets
- Individual packets of condiments (ketchup, hot sauce, soy sauce, relish, mustard, mayo)
- Microwave mac & cheese
- Cup-A-Soup and ramen noodle packets
- Peanut butter and jelly (plastic; no glass)
- Instant oatmeal and grits
- Small boxes of cereal
- Pre-workout mixes
- Flavored water packets and Gatorade mix
- Beef jerky, Slim Jim, and beef summer sausage
- Canned or dried fruit
- Protein bars and granola bars
- Microwave popcorn
- Sunflower seeds and nuts in individual bags
- Trail mix
- Gum packets
- Non-melting candy (Skittles, Sour Patch Kids, Swedish fish)
- Full size candy bars (boxes available at Walmart)
- Holiday candy
- Classic American snacks: individually packaged cookies, crackers, pretzels, Goldfish, Pringles
- Instant mashed potatoes
- Tuna or chicken in pouches/cans

## OTHER ITEMS REQUESTED:

- Gift cards to Walmart, Publix, Food Lion or gas stations (for local and displaced veterans)

***About Judy's Hero Boxes:** For our Soldiers deployed this Christmas, we are preparing and mailing care packages in memory of our mother Judy Davis. Our mother was passionate about supporting our deployed troops by letting them know their service and sacrifice are appreciated while they are far from home. We are continuing her legacy*

*and ask for your help in donating any of the listed items to be included in their care packages and a card or letter of support. If you would like to help or get involved with Judy's Hero Boxes, please contact Brandy at 229-221-8966. Thank you for your generous & continued support!*

***About Hands On Thomas County:*** *HOTC is celebrating 20 years of helping people navigate the many needs and non-profits in Thomas County. Every day, we help match individuals, families, businesses and groups to appropriate volunteer projects. We also partner with the many local non-profits and community agencies to promote their mission and help fulfill their volunteer needs. For the second year, we are making care packages for veterans with ties to Thomas County. Care packages will be curated for homeless/displaced (8% of Thomas County's population), those living below the poverty level (29% of the population) and for those who simply deserve our thanks and support for their service and sacrifice. Get involved today: [www.handsonthomascounty.org](http://www.handsonthomascounty.org).*

**BRING YOUR DONATIONS TO THE \*NEW\*  
HANDS ON THOMAS COUNTY OFFICE  
BY NOVEMBER 30**

***1213 East Jackson Street, Thomasville***