



LETTERS OF LOVE

With no visitors allowed inside nursing homes and assisted-living facilities during this unprecedented time, it's important to show local senior citizens that we care. Help lift their spirits and fight loneliness by writing them a letter or making a happy drawing - all virtually! Hands On Thomas County will share your uploaded documents with our local nursing homes and assisted care facilities so they can print directly and distribute to their residents without the worry of outside germs.

GET STARTED

Take a few minutes to brainstorm. What kind of things would you want to talk about? It may seem difficult at first since you are writing to someone you don't know. We get that! Tell them a little about yourself, maybe say a joke or a riddle, but most importantly, let them know how much they are loved! Making a difference can be so simple, yet incredibly impactful.

WHAT IS NEEDED

- Laptop or desktop computer
- Creativity
- For letters - you will need Microsoft Word, WordPad or Google Docs
- For pictures - you will need a Paint app, or Google Docs
- You can also create offline with paper, pens or markers

IMPORTANT GUIDELINES

1. **Letters must be in large print.** Use at least size 14 font.
2. **Drawings can include text.** Add a nice quote or short poem.
3. **Exclude the date** (day, month, and year).
4. **Embrace creativity!** We encourage you to make your letters and pictures detailed, thoughtful and heartfelt.
5. **Be kind and thoughtful.** Right now, this is a one-way letter exchange, meaning you will not receive a letter back. Make it more than just talking about yourself. You don't want the recipients feeling obligated to respond.
6. **Create as much as you'd like.** More letters and drawings mean more smiles!

HOW TO SEND

- **In Google Docs**, finish your letter or drawing and **share to** ali@handsonthomascounty.org.
- **If sending a PDF or picture**, please **send an email** to ali@handsonthomascounty.org

WHAT'S NEXT

Looking for more virtual volunteer opportunities? Visit handsonthomascounty.org

Have an idea for a virtual or at-home volunteer opportunity? [Email ali@handsonthomascounty.org!](mailto:ali@handsonthomascounty.org)